# English 3 Warm-Ups

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Week of 9/23 - 9/27

### **MONDAY - Quick-Write**

Take a moment to check in with yourself. How are you doing?

If you're doing well, what is going well in your life? How can you continue on a positive path?

If you're stressed, why are you stressed? What can you do to improve your feelings of stress?

### **TUESDAY - Vocabulary**

Define the words, then use two in a sentence.

Consensus Convey Contemplate Corroborate

#### **BLOCK DAY - Grammar**

Get your chromebook and log into No Red Ink...

Complete the pathway "Connecting Clauses with THAMOs" When finished, take out your textbook and review Act II of *Crucible* (p. 487-504).

## FRIDAY - Video

#### "How To Stay Calm Under Pressure"

- 1. Why do we tend to "choke" under pressure?
- 2. Do you think you complete a task better if you focus ONLY on that task? Explain.
- 3. What kind of practice is best to avoid choking?
- 4. Why is it better to have an "external" focus rather than an "internal" focus?